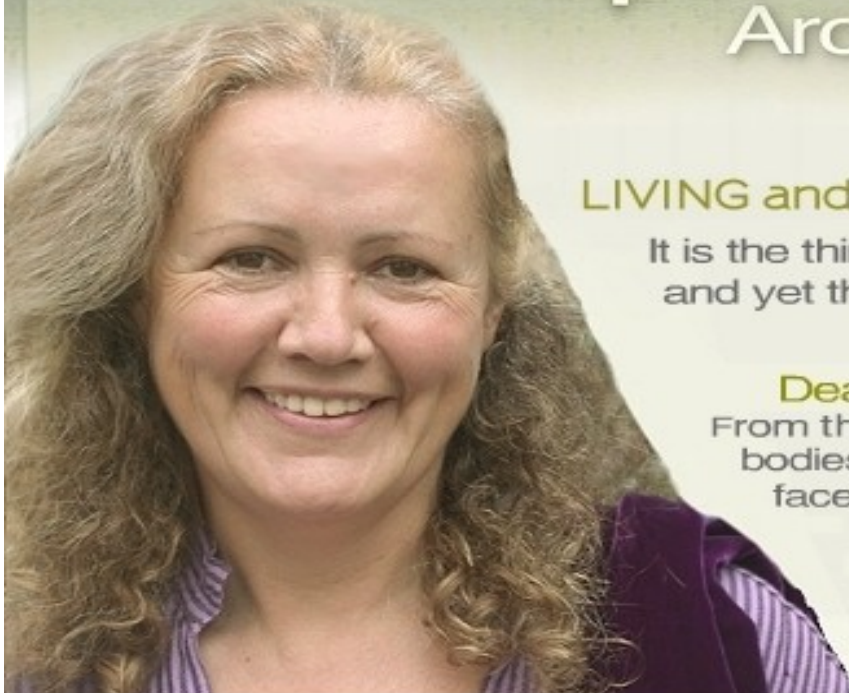


# Workshops

with

Archa Robinson

RGN Onc OHMT



## LIVING and DYING CONSCIOUSLY

It is the thing we are most scared of  
and yet the thing that holds the key  
to being fully alive

**Death is the ultimate 'let-go'**

From the moment of our birth our  
bodies are dying, so the more we  
face the fears of our own death  
the more we are able to be  
fully alive now, to live, love  
and celebrate our  
little time on this  
amazing earth.

# ‘DYING TO LIVE’

11<sup>th</sup> eve 12<sup>th</sup> 13<sup>th</sup> NOVEMBER 2011

£165 or £155 if booked before 4th Nov -fully residential

To book: OSHO LEELA 01747 821221

For more info : Archa 01736 799231

079689540 (mob)

These workshops are for everyone : for people who have been bereaved or are suffering from some loss in their life, not necessarily of a person, for people facing the end of their own life either soon or in the future (which is basically all of us!) and for people who want to complete some unfinished relationship or experience in their lives so they can move on.

The experiences on the workshops are incredibly valuable for everyone who wants to enrich their experience of living and to feel the magic and wonder of our being here at all...

We will use image-making, meditation, writing and other experiential ways of exploring these themes.

To support participants on their own inner journey they are asked to stay mostly in silence during the workshop.

This workshop is suitable for anyone facing death in the next 90yrs !

<http://www.livinganddying.co.uk>

email:- [archasans@onetel.com](mailto:archasans@onetel.com)